

*Alyson L. Aviv, Ph.D.  
Licensed Psychologist  
989 Garden View Office Parkway  
Saint Louis, MO, 63141  
Tel: (314) 591-5564  
Fax: (888) 820-9236  
Email: alysonaviv@yahoo.com*

**Comprehensive Intake Questionnaire for Adult Evaluations (18+)**

This questionnaire will help me best understand your current difficulties as well as your past history. Please fill out this questionnaire to the best of your ability **before** your intake appointment and bring it with you. Read the questions carefully and answer them as fully as possible (use the reverse side of the paper if necessary). If there are questions that you don't understand, please mark them with a star (\*) and Dr. Aviv will review them with you at the intake appointment. Some of these questions will necessitate information gathering from your parents. If you are unable to obtain this information, don't worry!

**Personal Information**

**Date:** \_\_\_\_\_

**Name** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_

**Home address:** \_\_\_\_\_

**Telephone Numbers:** \_\_\_\_\_ (H) \_\_\_\_\_ (W) \_\_\_\_\_ (C)

**Email** \_\_\_\_\_

**College/University :** \_\_\_\_\_

**Graduation/Expected Graduation Date:** \_\_\_\_\_

**Cumulative GPA:** \_\_\_\_\_

(Bring transcripts)

**Current learning and/or psychiatric diagnoses** \_\_\_\_\_

**Who diagnosed** \_\_\_\_\_

**Known genetic disorders or medical diagnoses:** \_\_\_\_\_

**Are you taking any medications at this time? If yes, list all medications and current dosages and length of time your child has been on the medication.**

Name of Current Medication(s)	Dosage	Since (date)

**Are you employed?** \_\_\_\_\_ Yes \_\_\_\_\_ No (if yes, specify how long job held and # hours/week)

**What problems or questions have caused you to seek help at this time?**

**Family History**

1. Are you adopted?

\_\_\_\_ Yes

\_\_\_\_ No

2. Please complete the following information regarding biological parents in the appropriate column:

	<b>Mother</b>	<b>Father</b>
Age		
Highest Level of Education Completed		
Degrees/Diplomas		
Current Occupation		
Describe any special education or tutoring received		
Describe grades repeated or subject areas that were difficult		
Any diagnosed learning difficulties? If so in what subjects?		
Any psychological or psychiatric problem for which treatment was received?		
Any Attention Deficit Disorder (with or without Hyperactivity?)		

3. If any of the following parental relationships are relevant, please circle relevant relationship and complete:

	Adoptive Mother/Stepmother	Adoptive Father/Stepfather
Age		
Highest Grade Completed		
Occupation		

4. Siblings in the family (including step-siblings and half-siblings)

Name	Gender	Age	In home?	Social/Behavioral/Health problems? List

5. Biological extended family

Do any extended family (maternal/paternal grandparents, uncles, aunts, cousins) suffer from any of the following: inattentiveness or hyperactivity; behavior problems; learning difficulties; epilepsy; seizures; migraines; alcoholism/drug abuse; psychological, emotional or personality difficulties; depression or bipolar disorder; schizophrenia; developmental disabilities; Autism or Aspergers disorder; Anxiety or “nervousness”; congenital abnormalities ; other neurological conditions etc.? If so, please list the relationship, the disorder and any treatment received:

**Maternal (mother’s side)**

**Paternal (father’s side)**

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Please provide any additional information about your extended family that might help me understand your needs (medical, behavioral, psychological, educational, and emotional):

---

---

---

**6. Do you know if there were any complications during your mother's pregnancy with you or during your birth. Please use the lists below as a guide.**

Length of pregnancy \_\_\_\_\_ weeks

**Any of the following complications during pregnancy**

- |                                       |                           |
|---------------------------------------|---------------------------|
| _____ Difficulty in Conception        | _____ Toxemia             |
| _____ Abnormal Weight Gain            | _____ Measles             |
| _____ Excessive Vomiting              | _____ German Measles      |
| _____ Excessive Swelling              | _____ Emotional Problems  |
| _____ Vaginal Bleeding                | _____ Flu                 |
| _____ Anemia                          | _____ High Blood Pressure |
| _____ Other (e.g. Rh incompatibility) | _____ Maternal Injury     |
- \_\_\_\_\_ Hospitalization during pregnancy (what month \_\_\_\_\_)
- \_\_\_\_\_ X-Rays during pregnancy (what month? \_\_\_\_\_)
- \_\_\_\_\_ Medication during pregnancy (what? \_\_\_\_\_)
- \_\_\_\_\_ Alcohol during pregnancy (frequency \_\_\_\_\_)
- \_\_\_\_\_ Cigarettes during pregnancy (frequency \_\_\_\_\_)
- \_\_\_\_\_ Other drugs during pregnancy (Type and frequency \_\_\_\_\_)
- \_\_\_\_\_ Drugs while trying to conceive (mother)
- \_\_\_\_\_ Drugs while trying to conceive (father)

**7. Birth:**

Born in a hospital? \_\_\_\_ Yes \_\_\_\_ No

Length of Labor: \_\_\_\_\_ hours

Birth Weight: \_\_\_\_\_ lbs. \_\_\_\_\_ ozs.

Condition at birth \_\_\_\_\_

**Check the relevant birth details:**

- |                        |                         |
|------------------------|-------------------------|
| _____ Vaginal delivery | _____ Caesarean Section |
| _____ Forceps used     | _____ Breech Birth      |
| _____ Induced Labor    | _____ Incubator needed  |
- \_\_\_\_\_ Delivery complications (describe \_\_\_\_\_)
- \_\_\_\_\_ Jaundiced (If yes, Bilirubin lights? \_\_\_\_ Yes \_\_\_\_ No)
- \_\_\_\_\_ Breathing problems right after birth (describe \_\_\_\_\_)
- \_\_\_\_\_ Supplemental oxygen (how long needed \_\_\_\_\_)
- \_\_\_\_\_ Birth defects (explain \_\_\_\_\_)
- \_\_\_\_\_ NICU stay (details \_\_\_\_\_)

**8. Did you have frequent ear infections as an infant/young child? \_\_\_\_ Yes \_\_\_\_ No**  
**If yes, did you have ear tubes inserted surgically?: \_\_\_\_ Yes \_\_\_\_ No**

**9. Were your developmental milestones were on time (e.g. walking, first words etc.)**  
\_\_\_\_\_ Yes (Details \_\_\_\_\_) \_\_\_\_\_ No \_\_\_\_ Don't know

**10. Did you ever receive Occupational Therapy**

Yes (Details \_\_\_\_\_)  No  Don't know

**11. Did you ever receive Physical Therapy**

Yes (Details \_\_\_\_\_)  No  Don't know

**12. Did you ever receive speech and/or language therapy?**

Yes (Details \_\_\_\_\_)  No  Don't know

**13. Are you left or right handed?** \_\_\_\_\_

**14. Who is your primary Physician?** (No information will be released or obtained without your written permission)

Name \_\_\_\_\_ Office Phone Number \_\_\_\_\_

**15. Have you ever had a psychiatric or neurological examination?**

Yes (Details \_\_\_\_\_)  No

**16. Are you currently under psychiatric or neurological care, please give the name, address and phone number of the treating physician.** (No information will be released or obtained without your written permission)  Yes  No

Name \_\_\_\_\_ Office Phone Number \_\_\_\_\_

**17. Do you wear a hearing aid?**

Yes  No

**18. Do you wear glasses/contact lenses?**

Yes  No

**19. What time do you go to bed?** \_\_\_\_\_ **20. What time do you get up?** \_\_\_\_\_

**21. Is your sleep consistent?**

Yes  No

**22. Are you concerned that you don't get enough sleep and/or have poor sleep quality?**

Yes  No

**23. Rate your alcohol use?**

Never  Occasionally (1x/week or less)  2-4x/week  Daily

**24. Rate your drug use?**

Never  Occasionally (1x/week or less)  2-4x/week  Daily

**25. List all drugs you have tried**

**26. Medical History: Please indicate whether you have had any of the following significant illnesses/conditions**

<b>Condition</b>	<b>Yes</b>	<b>No</b>	<b>Comments (include meds.)</b>
Measles			
German Measles			
Mumps			
Chicken Pox			
Tuberculosis			
Rheumatic Fever			
Diphtheria			
Meningitis			
Encephalitis			
Whooping Cough			
Scarlet Fever			
Head Injury			
Coma or loss of consciousness			
Sustained high fever			
Any fever above 104 degrees			
Anemia			
Broken bones			
Asthma			
Sinus condition			
Surgery 1. 2. 3.			
Allergies to food			
Allergies to medicine			
Environmental allergies			
<b>Respiratory Conditions</b>			
Frequent Colds			
Chronic Cough			
Asthma			
Hay Fever			
Sinus Condition			
<b>Cardiovascular Conditions</b>			
Shortness of breath with exertion			
Dizziness with exertion			
Heart condition			
Heart Murmur			

27. Please indicate whether you have had any of the following significant illnesses/conditions

<b>Gastrointestinal Conditions</b>	<b>Yes</b>	<b>No</b>	<b>Comments (include meds.)</b>
Excessive Vomiting			
Frequent Diarrhea			
Constipation			
Stomach Pain			
<b>Genitourinary Concerns</b>			
Urination in pants/bed			
Pain while urination			
Excessive urination			
Strong odor to urine			
<b>Musculoskeletal Concerns</b>			
Muscle Pain			
Clumsy Walk			
Poor posture			
Other muscle problems			
<b>Skin Concerns</b>			
Frequent rashes			
Bruises easily			
Sores			
Severe Acne			
Eczema			
<b>Neurological Concerns</b>			
Seizures/convulsions			
Speech defects			
Accident prone			
Sucks thumb			
Grinds teeth			
Bites nails			
Picks skin			
Tics/Twitches			
Bangs head			
Rocks back and forth			
Unusual body movements			
<b>Speech Concerns</b>			
Stuttering			
Unclear speech			
Other speech problems			

28. Please also list any medication taken in the past for longer than 3 months duration.

Name of Previous Medication(s)	Dosage	From (date)	Until (date)

29. Describe your use of screens (TV; Gaming consoles; Computers)

- Less than 1 hr/day
- 1-2 hrs/day
- 2-4 hrs/day
- more than 4 hrs/day

30. Does you use social networking access (e.g. facebook)

Yes     No

---



---



---

31. Which of the following best describes your social interactions?

- i. I am satisfied with my social life and peer interactions.
- ii. I am dissatisfied with my social life and peer interactions

32. The following table is designed to assess your ability to relate to others.

	Yes	No
Do you have difficulty relating to others?		
Do you verbally argue a lot with others?		
Do you have difficulty making friends?		
Do you have difficulty maintaining friendships?		
Do you have at least one good friend?		
Are you invited to friend's houses?		
Do you like to host others at your house?		
Do you have a small group of good friends?		
Do you prefer to be alone?		
Do you have difficulty with the non-verbal rules of social interaction (e.g. turn taking, how close to stand to others)		

33. Add any comments about your social circumstances that are relevant:

**34. Educational History. Please identify all schools you have attended giving dates of attendance in sequential order beginning with high school**

Name of School/University	From (date)	To (date)

35. Have you ever been retained a grade in school?       Yes       No

36. Have you ever skipped a grade in school?       Yes       No

37. Have you ever had difficulty with reading?       Yes       No

38. Have you ever had difficulty with math?       Yes       No

39. Have you ever had difficulty with writing/spelling?       Yes       No

40. Have you ever had psycho-educational testing  
 Yes (If yes, bring copies of reports to your intake appointment)       No

41. Have you ever had your any private tutoring  
 Yes (If yes, give details \_\_\_\_\_)       No

42. Please bring standardized achievement tests taken at school if you have those records available (MAP/ERB/SAT/ACT etc.) and school reports (high school) and college transcripts if you are still in undergraduate education. If beyond undergraduate education, bring college transcripts if you have them.

43. Work History: Please indicate below all jobs you have held since age 16 (if in college) or from college graduation if past college age. List the job title and amount of time spent working in this position.

- a. \_\_\_\_\_
- b. \_\_\_\_\_
- c. \_\_\_\_\_
- d. \_\_\_\_\_
- e. \_\_\_\_\_

**44. Please circle the traits/characteristics below which apply to yourself:**

- |                 |               |                                      |
|-----------------|---------------|--------------------------------------|
| Happy           | Sad           | Moody                                |
| Friendly        | Quiet         | Overactive                           |
| Independent     | Dependant     | Sensitive                            |
| Affectionate    | Fearful       | Overreacts when faced with a problem |
| Tantrums        | Lethargic     | Requires a lot of parental attention |
| Too responsible | Even tempered | Short attention span                 |
| Impulsive       | Angry         | Lacking in self control              |
| Explosive       | Volatile      | Withholding of affection             |
| Thoughtful      | Dreamer       | Difficulty calming down              |
| Cooperative     | Withdrawn     | Easily over-stimulated               |

**45. Other words you would use to describe yourself:**

**46. Please describe any major family stressors that may have impacted you in the past or that may impact you now:**

**47. Are there any particularly traumatic or troubling events which have happened in your life which I should know about in order to understand you better? (please give details, include incidents you feel were traumatic even though they might not have been for someone else)**

**48. Have you ever witnessed violence inside or outside of the home? Yes \_\_\_ No \_\_\_**

**49. Have you ever had psychological counseling or therapy?**

\_\_\_ Yes, If Yes, please give details below: \_\_\_ No

Therapist Name	Address	Phone Number	Dates of treatment

**50. Please list the names, addresses, and telephone numbers of any other professionals consulted.**  
(This does not give me permission to contact them, and they will only be contacted with your written consent.)

**51. Is there any additional information or anything that you feel is pertinent to know that has not been covered in this questionnaire?**

**52. What changes do you hope will result from seeking comprehensive psychological assessment services?**

**53. Who referred you to Dr. Aviv's clinic?**